

FOOD FORESTS AND FUN



I AM IN SOUTH AMERICA AND THIS IS MY FRIEND JUAN!

SOME DAY, I WILL BE A GREAT FOOTBALL STAR! I AM VERY LUCKY. PALM TREES ARE HELPING ME BECOME BIG, STRONG, HEALTHY AND SMART!

MY FAMILY EARNS MONEY FROM HARVESTING AND SELLING PRODUCTS FROM OUR PALM TREES. MY PARENTS USE THE MONEY THAT WE EARN TO PAY FOR SCHOOL FEES, FOOD, MEDICINE AND OTHER THINGS WE NEED.

WE USE OUR LAND WISELY BY PLANTING TREES. WE GROW TREES BECAUSE THEY SUPPLY PRODUCTS ALL YEAR LONG. THEY DO NOT USE MUCH LAND THAT MAY BE NEEDED FOR CROPS.

TREES DO SO MUCH FOR MY FAMILY!

WE GROW THEM NEAR THE HOUSE, IN BETWEEN FIELDS AND ON LAND THAT IS NO GOOD FOR CROPS. THE TREES PROVIDE FIBERS FOR BASKET MAKING AND CONSTRUCTION. THE FRUITS ARE TASTY AND WE USE THEM TO MAKE COOKING OIL TOO! WE USE WHAT WE NEED AND WE SELL THE REST.

WE EARN MONEY FROM OUR TREES ALL YEAR LONG. THE MONEY IS HELPFUL WHEN OUR CROPS ARE OUT OF SEASON OR WE HAVE A POOR HARVEST.

TREES PROVIDE SPECIAL FODDER FOR ME AND FERTILIZER FOR CROPS. FOREST PRODUCTS HELP TO INCREASE THE FAMILY INCOME AND THEY TASTE GOOD TOO!

OUR NEIGHBORS PAY US SO THEY CAN HARVEST FRUIT AND LEAVES FROM OUR TREES.



LIZARDS FOR LUNCH

FORESTS AND TREES PROVIDE MANY TYPES OF FOOD OF ALL SHAPES AND SIZES.

IN SOME PLACES, PEOPLE RAISE IGUANA LIZARDS!

I LOVE TREES

IGUANAS LIVE IN TREES AND EAT LEAVES AND INSECTS. THEY REQUIRE LITTLE SPACE AND CARE.

WE GET A LOT OF THE FOOD AND MATERIALS THAT WE NEED FROM OUR TREES AND THE FOREST. THE MONEY THAT WE EARN FROM SELLING PALM PRODUCTS MAKES OUR LIVES BETTER. WE CAN AFFORD A NEW STOVE.



GOOD, HOT MEALS AND A BALANCED DIET MAY HELP YOU GROW STRONG AND BECOME A GREAT ATHLETE.

WE CAN ALSO AFFORD TO BUY MEDICINE TO KEEP OUR FAMILY HEALTHY. YOU CAN'T PLAY FOOTBALL IF YOU'RE SICK.

SINCE WE BEGAN EARNING MONEY FROM OUR TREES, I AM ABLE TO SPEND LESS TIME WORKING AND MORE TIME WITH MY CHILDREN AND DOING THINGS THAT INTEREST ME.



TREES HELPED PAY FOR MY SCHOOL BOOKS AND THIS FOOTBALL.

THANK YOU TREES!

JUAN!
PASS THE BALL!



HE MAY BE A GREAT FOOTBALL STAR SOME DAY. MANY FAMILIES, LIKE JUAN'S, ARE IMPROVING THEIR LIVES BY GATHERING, GROWING AND SELLING FOREST PRODUCTS. WHAT TREES ARE COMMON IN YOUR AREA? WHAT PRODUCTS DO THEY PRODUCE? LEARN MORE ABOUT THEM! YOU CAN FIND GOOD INFORMATION ON TREES AND FOREST PRODUCTS IN MY NEXT MAGAZINE. AND REMEMBER, FOREST FOODS ARE GOOD FOOD FOR YOU.

THEY ARE CAUGHT, COOKED AND BECOME NUTRITIOUS MEALS FOR PEOPLE.



IGUANA MEAT IS ALSO SOLD AT THE MARKET TO RAISE MONEY FOR FAMILIES AND THE COMMUNITY.



MANY OTHER PLANTS AND ANIMALS CAN BE HARVESTED TO PROVIDE GOOD FOOD. MANY CAN BE USED TO RAISE MONEY. LEARN MORE ABOUT FOREST PRODUCTS THAT CAN PROVIDE NUTRITION AND IMPROVE YOUR LIFE.

