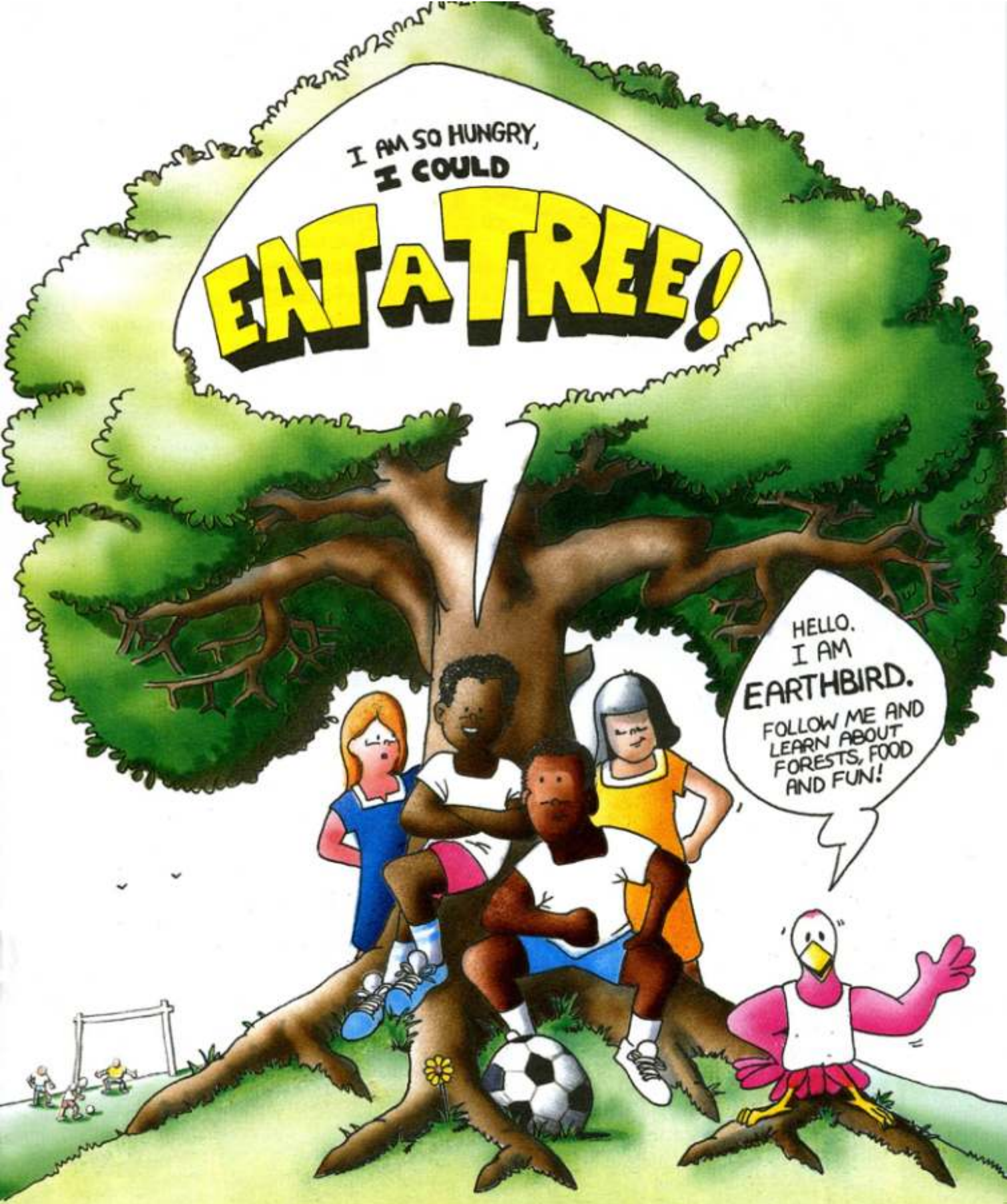


I AM SO HUNGRY,
I COULD

EAT A TREE!

HELLO.
I AM
EARTHBIRD.
FOLLOW ME AND
LEARN ABOUT
FORESTS, FOOD
AND FUN!



EARTHBIRD No. 3 • WORLD FOOD DAY, OCTOBER 16 1992



HE IS CRAZY!
HE CANNOT EAT
A TREE.

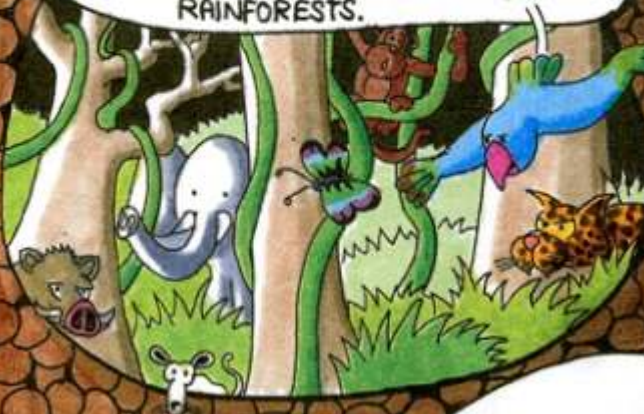
HE MAY
NOT BE ABLE
TO EAT A WHOLE
TREE, BUT TREES
DO PROVIDE GOOD
FOOD FOR
MILLIONS OF
PEOPLE.

IN MY FIRST TWO
MAGAZINES WE LEARNED HOW
IMPORTANT TREES AND FORESTS
ARE. WE DISCOVERED THAT THERE
ARE MANY DIFFERENT TYPES
OF FORESTS.



THERE ARE WET, TROPICAL FORESTS
LIKE THE RAINFORESTS OF ASIA.
MILLIONS OF ANIMALS LIVE IN
RAINFORESTS.

SOME FORESTS, LIKE THIS ONE
IN EAST AFRICA, ARE DRY AND HOT.



IT'S HOT!
I NEED
SOME
SHADE.

SOME FORESTS LIKE
THIS ONE ARE
PLANTED AND
CARED FOR
BY PEOPLE.



FORESTS
GROW ALL
OVER THE
WORLD, EVEN
IN COLD PLACES
LIKE THIS.

FORESTS CAN BE
LARGE OR SMALL.
IS THERE A
FOREST IN
YOUR AREA?

WE KNOW THAT FORESTS AND TREES ARE A GOOD SOURCE OF IMPORTANT RESOURCES. THEY PROVIDE BUILDING MATERIALS AND FUEL. THEY ARE HOME TO MILLIONS OF ANIMALS. FORESTS PROTECT OUR WATER SUPPLY AND KEEP THE SOIL FROM ERODING.



BUT HOW CAN WE GET GOOD FOOD FROM TREES AND FORESTS? MY TEACHER SAID THAT HEALTHY DIETS ARE IMPORTANT. WE MUST EAT ENOUGH FOOD AND HAVE A GOOD VARIETY OF DIFFERENT FOODS TO BE HEALTHY AND HAPPY. CAN WE GET NUTRITIOUS FOOD ALL YEAR LONG?

TREES CAN PROVIDE GOOD FOOD.



FOR THOUSANDS OF YEARS, PEOPLE HAVE USED FORESTS AND TREES TO GET THE FOOD THEY NEED FOR GOOD, HEALTHY DIETS. MANY FOREST PLANTS, ANIMALS AND INSECTS ARE GOOD TO EAT AND NUTRITIOUS. WE EVEN USE TREES TO HELP GROW CROPS AND RAISE ANIMALS.



ON THE NEXT PAGES, WE WILL TRAVEL AROUND THE WORLD TO DISCOVER HOW FORESTS AND TREES CAN HELP PROVIDE THE FOOD THAT WE ALL NEED. AS YOU READ, THINK ABOUT YOUR DIET AND THE FOOD YOU EAT. WHAT HAS YOUR TEACHER TOLD YOU ABOUT NUTRITION? WHAT KIND OF FOODS DO YOU EAT? WHERE DOES YOUR FOOD COME FROM? WHAT FOOD IS GROWN IN YOUR AREA? IF YOU HAVE QUESTIONS OR NEED HELP, ASK YOUR TEACHER OR YOUR PARENTS. FOR MORE INFORMATION ON TREES AND FORESTS READ MY FIRST TWO MAGAZINES, FOOD FOR THE FUTURE AND OUR TREES AND FORESTS.